

Activity Outline

Below is an outline of all adventure activities which your child can participate.

Horse Riding

Is suitable for riders of all abilities with gentle horses for beginners. Our guided horse rides include instruction on control and management of your horse before leaving the yard. A professional and friendly guide accompanies the children while they enjoy a 2 hour guided trail ride, with 50kms of private trails to explore through diverse unspoilt wilderness.

Quad Biking (10 yrs +)

Riding on a 4WD ATV is awesome fun and surprisingly easy. In fact, no experience is necessary. All our bikes are fully automatic, which makes them easy to ride and use.

All children receive a safety briefing, followed by individual instruction on how to control and manage their bike. Children cover some practical training and assessments on our confidence building course, before they hit the open trails for a 1.5 hour ride.

Kayaking

Offers paddlers the opportunity to explore the unspoilt wilderness of Popran Creek as it meanders its way through the Valley towards the Hawkesbury River.

Our fully trained guides cover safety practices and paddling techniques and all participants wear buoyancy vests. Children then enjoy a 2.5 hour relaxed paddle through the valley, with plenty of breaks along the way.

Abseiling

Is highly exciting and rewarding. You will be amazed how easy it is with our expert instructors there to guide you. In fact no experience is necessary and absolutely anyone can do it. Participants are taught abseiling techniques and receive a safety briefing. You will experience a wide variety of abseiling descents during this awesome adventure. We offer vertical, overhang and face forward run-down descents. The views over Glenworth Valley are spectacular to say the least.

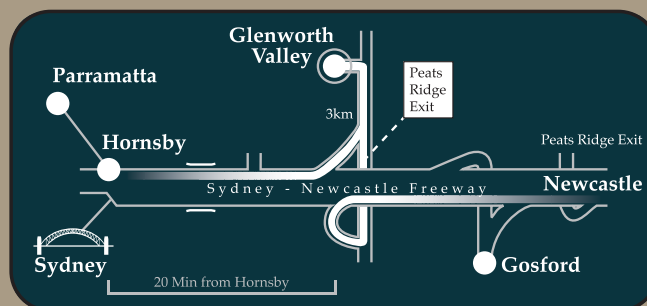
Booking Procedure

Please be advised that bookings are required and should be made well in advance to avoid disappointment.

- Phone 02 4375 1222 to check availability for your preferred camp date.
- Return an enrolment form and payment to reserve your place. (Forms can be downloaded from our website and returned by post, email or fax).
- Payment can be made by: Visa, Mastercard, AMEX, Cheque or Money Order.
- On receipt of enrolment forms and payment, you will receive confirmation via email with all details regarding times and what to bring etc.

How To Get Here

20 minutes from Hornsby and Gosford
50 minutes from Sydney and Newcastle



Open 7 Days, Bookings required
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GLENWORTH VALLEY



OUTDOOR ADVENTURES Camps & Lessons



HORSE RIDING



KAYAKING



QUAD BIKING



ABSEILING



Horse Riding Saddle Camps

Come and enjoy a fun-filled day learning all about horses and riding at Australia's largest horse riding and Outdoor Adventure Centre. We offer 200 happy and well cared-for horses to enjoy as well as abseiling, kayaking and quad biking.

Our camps are designed to provide children with a rewarding opportunity to experience the excitement of outdoor adventure activities, socialising with other children and learn healthy new skills whilst being under the supervision of highly experienced instructors.

To maximise the enjoyment of participants, we offer a large range of camps suited to a wide variety of levels and abilities, giving your child the ability to choose activities that appeal to them most.

Junior Beginner - ½ Day Camp

Suitable for younger children (aged 5 - 8 years) who have never ridden or who have only ridden lead ponies.

Beginner Level 1 - Day Camp

Suitable for children (7 years and over) who have never ridden, or who have only ridden lead ponies.

Beginner Level 2 - Day Camp

Suitable for children who have ridden a few times, may be able to rise to the trot or can steer a horse competently at a walk or has had some lessons.

Intermediate Level 1 - Day Camp

Suitable for children who can rise to a trot and steer without holding on to the saddle or who are able to canter while holding on.



Intermediate Level 2 - Day Camp

Suitable for children who are able to canter without holding on, have done some jumping and who do regular riding and lessons.

Advanced Level - Day Camp

Suitable for children who are very competent riders, who have been having regular lessons at a high level or who have graduated from our Intermediate Level 2 Camps.

2 & 3 Day Overnight Camps

Choose from a 2 day overnight camp for Beginners & Intermediate Riders or our 3 day, 2 night camp for Intermediate 2 & Advanced Riders. (Please note that riders may be required to do an assessment lesson beforehand).

Horse Riding Lessons

Private lessons are one on one with an Instructor who provides individual attention. Group lessons involve 2 - 6 riders of similar ability at the same time.

One of the most important aspects of learning is being able to practice what you have been taught. Group lessons provide an ideal environment to both learn from your instructor and to practice whilst under their supervision. Students often learn just as quickly from being told what to do by their instructor as they do from seeing other riders of similar ability develop.

Glenworth Valley is a unique Outdoor Centre which offers flexibility for private and group arena lessons, Instructional trail rides or a combination of both.



Adventure Max Camps

Full Day & Overnight Camps (7 to 16 yrs)

Adventure Max camps are an ideal way for children to learn about and participate in sports and outdoor activities such as:

- Horse Riding
- Kayaking
- Abseiling
- Quad Biking (10 yrs +)

- Choose any two of these adventure activities

Participants can look forward to an unforgettable day of fun and adventure. This includes approx. 2.5 hours of each activity chosen, as well as bushwalking and a swim in the river if it is hot enough!

Morning tea and lunch breaks will occur throughout the day between activities.

2 Day Overnight Camp

What could be better than 2 full days of adventure activities with overnight camping under the stars.

Our highly experienced adventure guides supervise and manage the camp throughout your child's stay with us.

- Pricing includes all food and activities.

